

## **MANAGEMENT OF CONCUSSIONS AND OTHER HEAD INJURIES – ADMINISTRATIVE PROCEDURES**

Islesboro Central School requires the consistent and uniform implementation of well-established return to play concussion guidelines that are reflected in Board policy. The following protocol will be used in dealing concussions and head injuries:

1. Any student suspected of having sustained a concussion or other head injury during a school-sponsored athletic activity including but not limited to competition, practice or scrimmage, must be removed from the activity immediately.
2. No student will be permitted to return to the activity or to participate in any other school-sponsored athletic activity on the day of the suspected concussion.
3. Any student who is suspected of having sustained a concussion or other head injury shall be prohibited from further participation in school-sponsored athletic activities until he/she has been evaluated and received written medical clearance to do so from a licensed health care provider who is qualified and trained in concussion management.
4. Coaches and other school personnel shall comply with the student's health care provider's recommendations in regard to gradual return to participation. No student will be permitted to return to full participation (competition) until cleared to do so.
5. More than one evaluation by the student's health care provider may be necessary before the student is cleared for full participation.
6. A signed "Participation Clearance" form from the health care provided will be required to be filed with the Athletic Director prior to full participation.
7. If at any time during the return to play program signs or symptoms of a concussion are observed, the student must be removed from the activity and referred to his/her health care provider for re-evaluation.

Cross Reference: JJIF-R Management of Concussions and Other Head Injuries  
Administrative Procedures.  
JJIF-E Concussion Information Sheet

Legal References:

Adopted: December 11, 2012