

Pilot Program: Breakfast Offering

Goal: To offer our students a simple, healthy breakfast snack

Are there small and/or similar schools offering breakfast?

Yes; we will contact schools such as St. George and Troy Howard to see how they have gone about offering breakfast at their schools.

Where is the money coming from?

We have discussed finding funds using resources such as the 5-2-1-0 program out of Waldo County Hospital and the Islesboro Community fund. We are going to explore the USDA and what grants and/or funds are available to support a breakfast offering.

How are we getting the food?

We are using typical resources which are used to supply our lunch.

Who is going to be in charge and who can we find to help?

Judy Smith will be in charge with Peter's and Betha's support and we will solicit student and parent support.

What would be offering (sample menu options)?

Sample ideas based on feedback on last year's offerings at the K-5 level:

Day 1: fruit and yogurt

Day 2: ½ ham sandwich with ½ banana

Day 3: Cheese, crackers and fruit

Day 4: Veggie dip or apples and muffins

Day 5: Breakfast burrito

What are the estimated weekly costs?

The cost of offering breakfast snack would run around \$50 a day, \$200 - \$250 a week, and about \$1,000 a month.

When do we want to roll this out?

We hope to have something in place in the next couple of months after we are able to resolve and answer some of our questions.

Do we want to charge students a certain amount?

This one question is still on the table. It would make sense to collect something from students to offset the cost. We are not sure we can make the amount charged be equal to the amount of the cost of the food.

When will be serving?

The preparation time frame would be from 7:30- 8:15 with service at 8:15 a.m. - 8:45 a.m. with a cart of snacks in the gym entryway. The cart would then go the elementary rooms from 8:45 - 9:00.