



## MONTH of JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Holiday New Year's Day	2
3	4 Macaroni and Cheese w/ Peas Vegetable	5 Hamburger or Veg Burger Potato Cole Slaw	6 Chicken Stew Bread	7 French Toast Baked Beans Veg	8 Veg Pizzas	9
10	11 Penne w/ Chicken and Vegs	12 Turkey Taco Salad Beans Veg	13 Tomato Soup Grilled Cheese	14 Broccoli, Sausage and Cheddar Eggs Strata Veg	15 Roast Beef or Hummus Wrap Potato Veg	16
17	18 Holiday Martin Luther King's Birthday	19 Pork Taco and Black Beans Veg	20 Curried Chicken soup Bread	21 Egg Sandwich w/ Cheese Baked Beans Veg	22 Chicken Salad Wrap Pasta Salad Veg	23
24	25 Turkey Dogs Baked Beans Veg	26 Breakfast Burrito Rice and Beans	27 Fish Chowder Veg Bread	28 Spaghetti w/ Meatballs Veg	29 Stuffed Pizza Rolls Marinara	30